ALCOHOL

Alcohol is a mind-altering substance in liquid form. Many people don't realize that it is no different from cocaine or other drugs in its ability to lead to addiction.

One drink is never enough, just as one hit, fix, pill or snort is never enough.

We are masters at combining and substituting one drug for another to get high.

Many of us never felt that alcohol was part of our problem.

However, take away the drug of choice, substitute another, and eventually it becomes a problem drug.

Taken from the pamphlet '...And All Other Mind Altering Substances'
Approved Literature
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