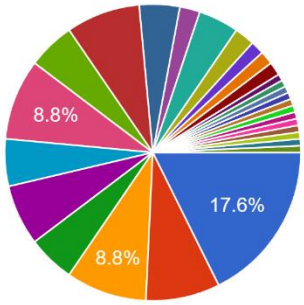
Cocaine Anonymous Kent District Survey results July 2023

We received 136 responses this year which is a record! Thanks to everyone who participated in the survey. A more details list of responses will be published on the website soon. Some responses are not shown in full below.

Where do you live?

136 responses



Bromley
Bexleyheath
Maidstone
Dover / Folkestone
Thanet
Canterbury
Ashford
Tunbridge Wells / Tonbridge

▲ 1/4 ▼

Medway
Dartford
Deal
Sevenoaks
Eltham
Welling
Sidcup
Sheerness

▲ 2/4 ▼

Sydenham
Gravesend
Rolvenden
Northampton
London
Ramsgate
Hildenborough
Herne Bay

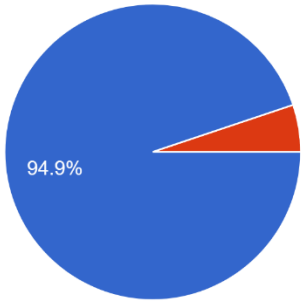
▲ 3/4 ▼

Lewisham
Bexley
east grinstead
Orpington

▲ 4/4 ▼

Do you have a home group?

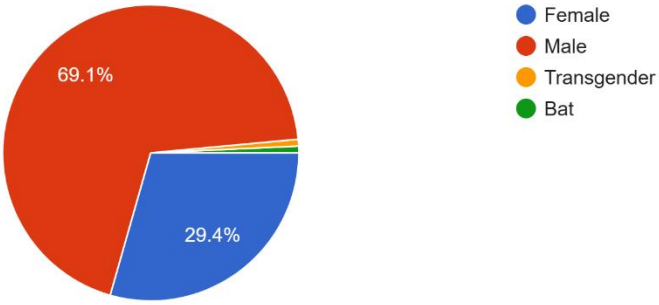
136 responses



Yes
No

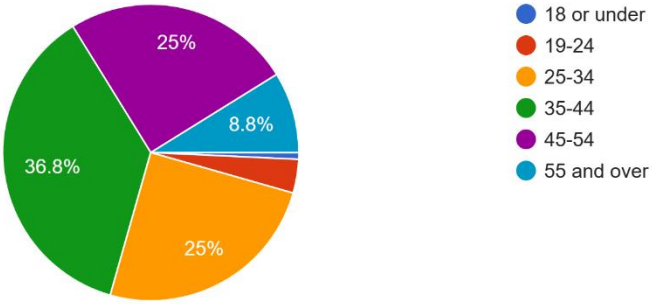
What is your gender?

136 responses



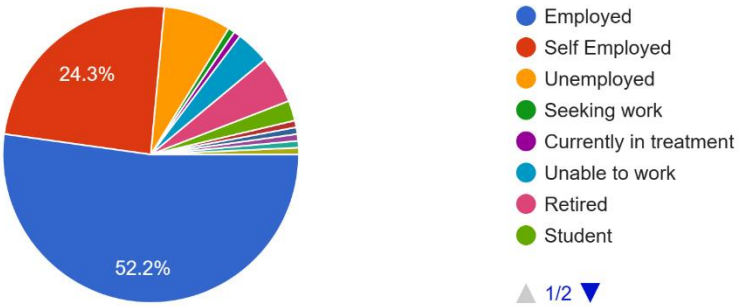
What is your age group?

136 responses



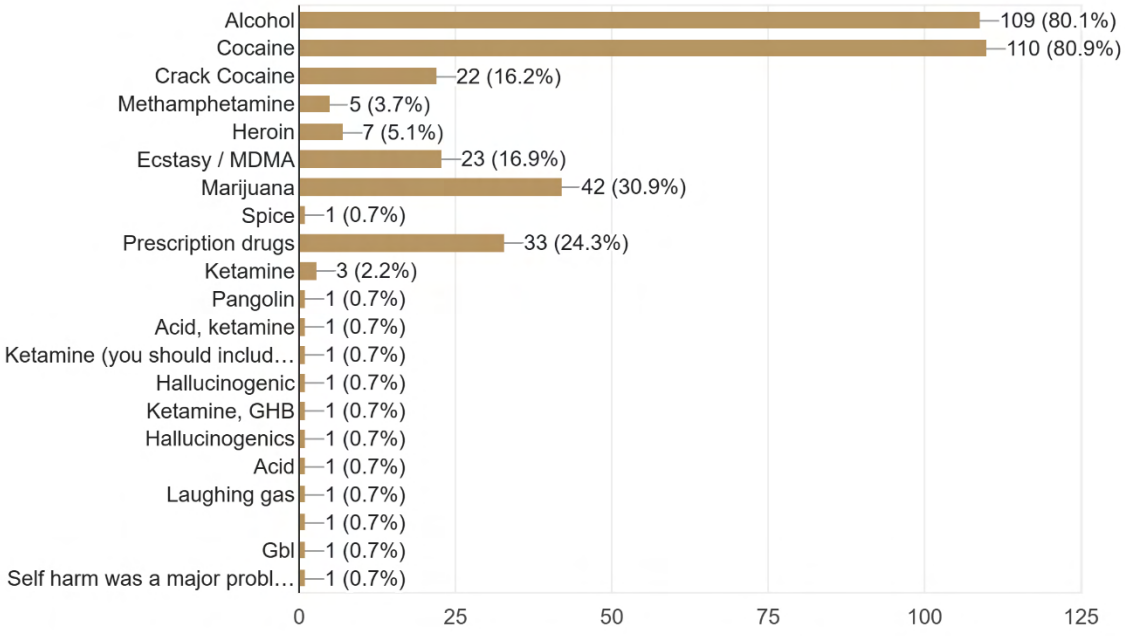
What is your current employment status?

136 responses



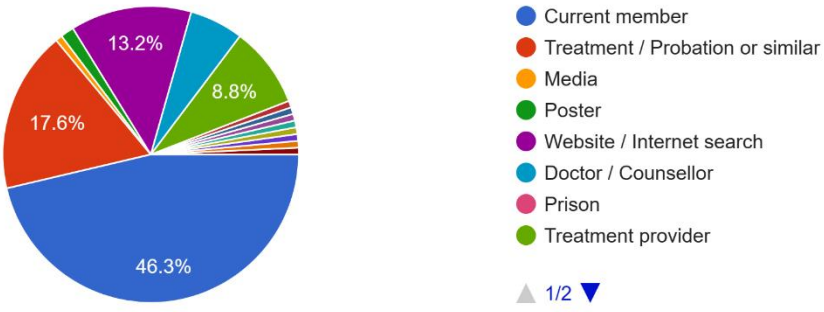
Which mind altering substances did you primarily use?

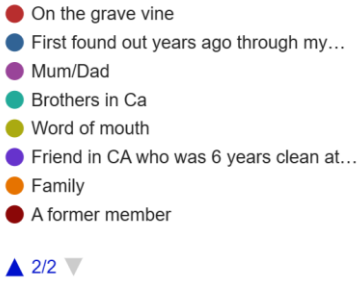
136 responses



How did you find out about CA?

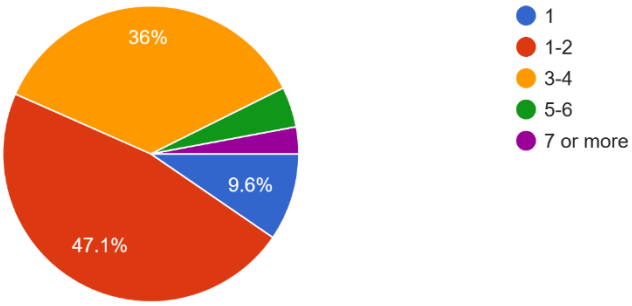
136 responses





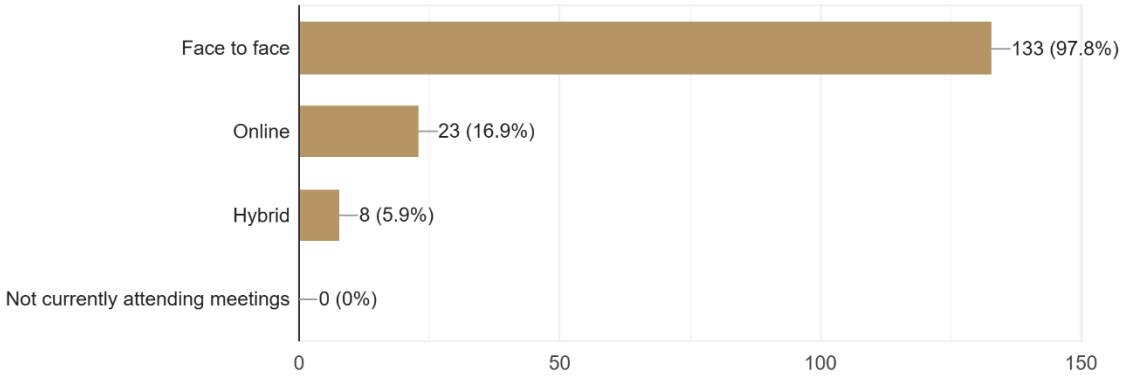
On average how many meetings do you attend each week?

136 responses



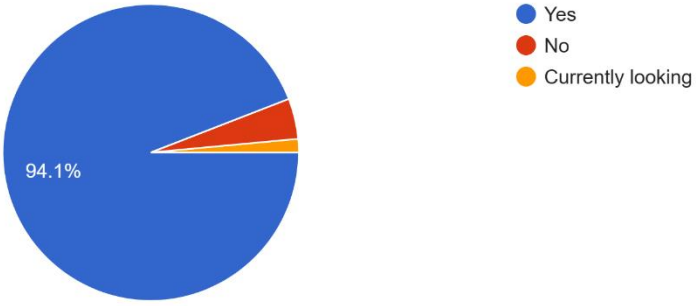
What type of meetings do you attend? (please select all that apply)

136 responses



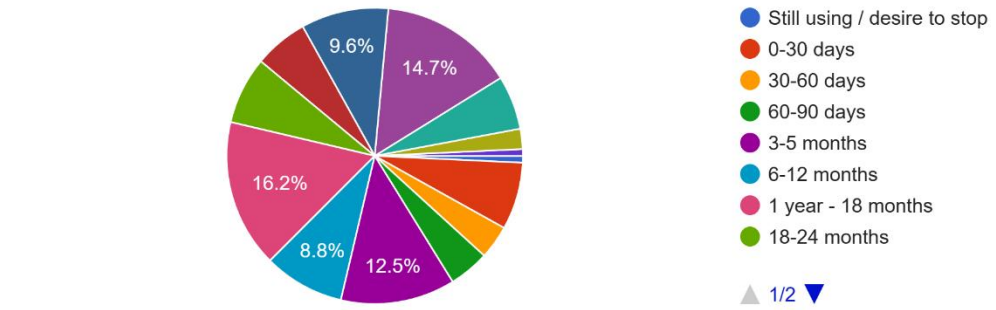
Do you have a current sponsor?

136 responses



What is your clean time?

136 responses

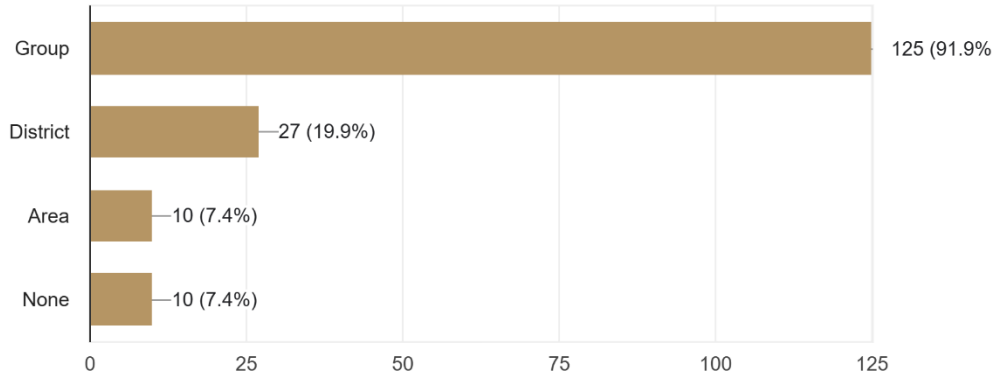


2-3 years
3-5 years
5-10 years
10-15 years
15-20 years
20 years +

2/2

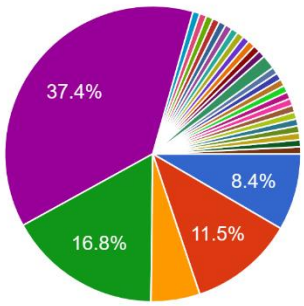
What service levels do you currently participate in for CA?

136 responses



If you've never participated in service at District and or Area level why not?

131 responses



- Location inconvenient
- Unsure what's involved
- Can't get there, no transport etc.
- I'd like to / I am planning to
- N/A
- People are annoying
- Childcare issues
- Lack of clean time

▲ 1/4 ▼

- Too much politics
- Been to district a few times, far to man…
- Travel too frequently to commit to atte…
- Heard Kent district is very one way th…
- Had H and I service meeting changed…
- Ok, you asked. I do not see the traditi…
- What I do is enough in my circumstan…
- Too many opinions, not about carrying…

▲ 2/4 ▼

- Too early days for me never say never…
- Not enough clean time
- Mental Health affects me
- Haven't found a CA meeting I want to…
- Caring for my father
- Under 6 months clean
- People there act like they get 250k a y…
- No clean time

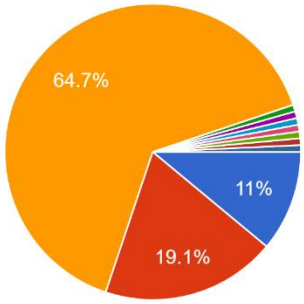
▲ 3/4 ▼

- Child care
- I feel i am of more use to fellows at group level
-
- Just picked up first service today.
- Family
- Not really interested
- Sobriety & now I cant due to no liscen…

▲ 4/4 ▼

Any further questions or comments?

136 responses



- I'd like to know more about District an…
- I'd like to know more about the Traditi…
- None
- Is covid man made
- Ca is organised there is no need for s…
- More meeting on traditions
- Maybe district could serve as a traditio…
- Why aren't we asking the right questio…

▲ 1/2 ▼

- What level of service is the phone lines? I've done group level I also answer the helpline but wasn't an option
- Im happy to help once ive done the steps

▲ 2/2 ▼

How could the District better serve you / your group? 49 responses

Not sure
Not sure
N/a
More opportunities for bats
Stop wasting meeting donations
Earlier meetings as finishing at 9pm is too late if I've got to be up at 6 the next morning.
Not sure. Been to district a couple of times but looking to get involved
?
Create awareness of District and area
I'm not sure as I don't really know what district does
So many meetings open but not run correctly. Wednesday night I was at college Rd,a new comer was refused a big book as she didn't have a sponsor. She explained it was only her 2nd meeting she was then Told she could have a bb once she finds one . Have a service position from district for 6 members to share meetings out between them to attend GC and see where things can be improved and to help
No opinion
More encouragment for people to learn and serve at different levels and to follow the service structure as this is not being followed by individuals
I think it's doing fine
I'm not sure.
Less hostility from older opinionated members. How does district serve the newcomer (at district)
Think it is ok as it is
Give gsr info about the inverted triangle and how the structure works to share with members at group level
Have tradition and step meetings. More work shops on traditions. Pop up work shops on district and meditation.
N/A
Stick to the traditions, only get involved when asked. When old timers are advising at district around traditions listen to what they say rather than shooting them down
It seems to be working ok apart from maybe visits at groups of district and area servers
Know more about it
Be teachable to new ways of working and district members actually sponsor others in and rotate out of the district in order for new blood and ideas to flow in, rather than bleeding deacons
District needs to be longer or split to better serve its members. Not enough business gets completed
Really good
Less clicky less ego
More events, gsr workshops, and a more detailed message about what district is about at group level, especially for newcomers.
Information regarding becoming our own area so at group level can see the benefits ect
Your doing great Job
District doesn't serve the groups, it's serves itself

I think it serves me fine as it is
No idea
Give more info on service positions at district and what they involve
Ask tougher questions of area and the finances.
Split the monthly district meetings to alternate locations - 1 of which nearer to north Kent
People at district should treat people with less clean time better as they are trusted servants "we do not govern"
It can't
Slightly earlier meetings about 6:30. A lot of them all start at the same time
not sure
I'm happy with how it's serving me now
New to to the kent district so not sure
They do a great job and our GSR is fab
I don't currently have enough experience to comment, but I'm sure that time will come.
I don't know enough about structure to answer
Forming an Area & splitting into 2 districts

Finally - Any other comments 27 responses

N/a
From my experience with district they do a good job of serving the groups
Thanks to the program that's saved my life
Thank you for all what you do
In my experience. CA Kent District has a bad atmosphere with a few bully like characters. This puts me off going for a service position. I've previously held district positions at AA and its alot more civilised there.
The District exists to serve its members
No
There seems to be a recurring theme about becoming a new area/district. Given there are so many open commitments at district mentioned every month, won't this mean even more open commitments ? I don't see how this benefits anyone/ the newcomer. May I suggest the focus is more related to our primary purpose. If this leaves insufficient topics to fill a monthly meeting, maybe meet quarterly? This in itself may attract more people to commit to 4 attendances a year. Just my suggestion of course.
The fellowships are the best for keeping clean and sober. Tried so many other things and they haven't worked for long times.
Thanks for your service.
Offer district open days where members come and sit in workshops about district service
Thank you all for your service 🙏
District should serve the groups, should give no advice or instruction. The traditions guide us 'no addict can tell another to do anything' The traditions are rooted in love and tolerance, keeping it simple and don't take ourselves too seriously. I see Kent district doing the opposite of all of this regularly. God bless
CA safes my life.

I love CA
None
No
No I believe they do a great job
Thank you
Stop wasting group donations
None
Has disabled access to the venue been thoroughly looked at?
Ca and the people in recovery have been amazing supportive and ifeel likea new person
The question on if district should become an area would be better placed in group conscience in my humble opinion. The last thing an active addict wants to hear about is CA politics. Its been going on for years now and is still discussed in meetings i attend to the general addict audience.
Find my groups beet useful
Could meetings online state whether disabled friendly or not if not already

If you have any questions or comments about the survey please email pi@cakent.org or it@cakent.org

Kent District PI Committee.